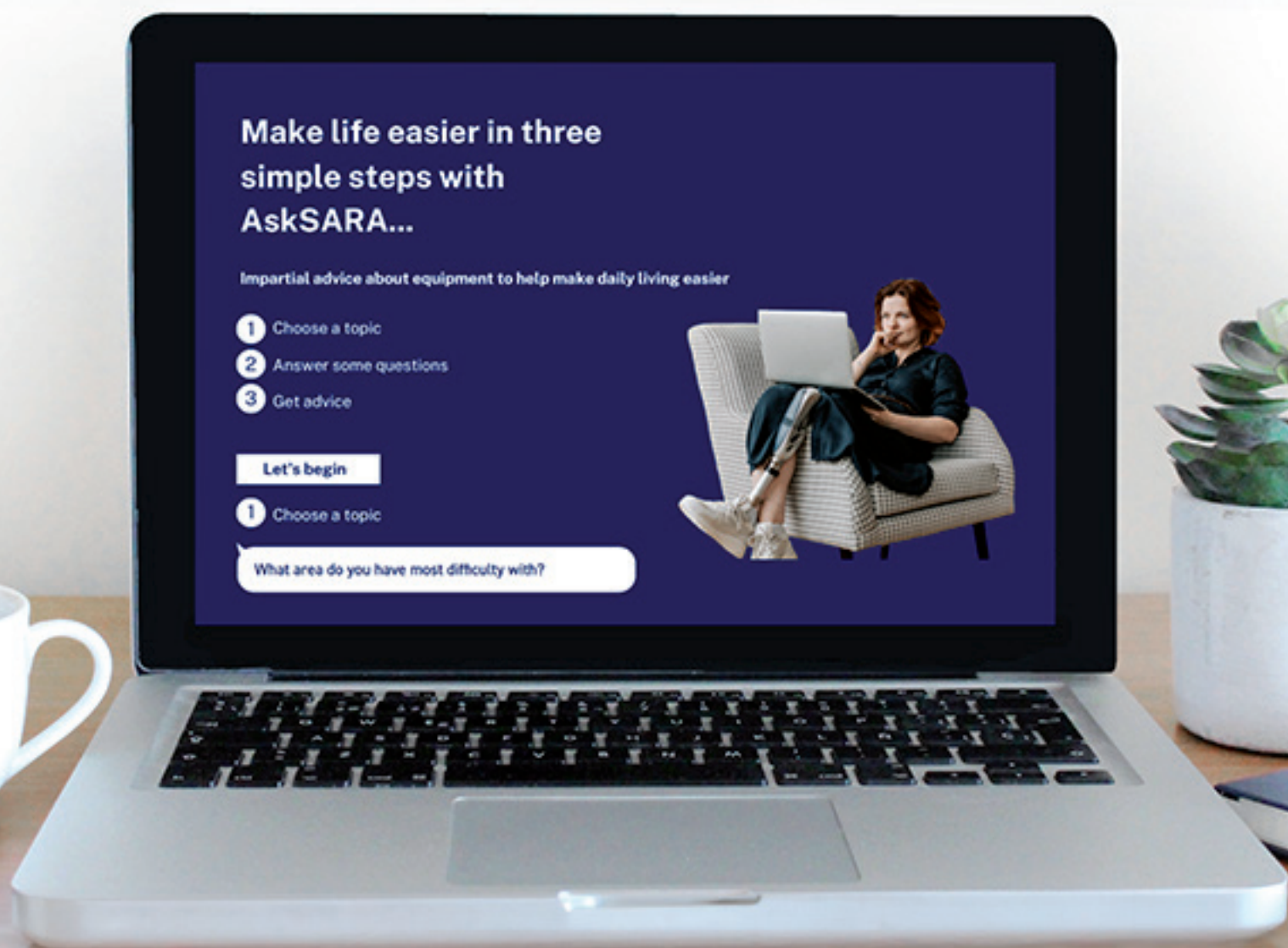




AskSARA

Your self-assessment tool



What is AskSARA?

AskSARA (Self-Assessment Rapid Access) is a streamlined, mobile responsive, self-assessment tool that provides impartial advice and information about suitable assistive technology, products and equipment for older and/or disabled people to support independent living.

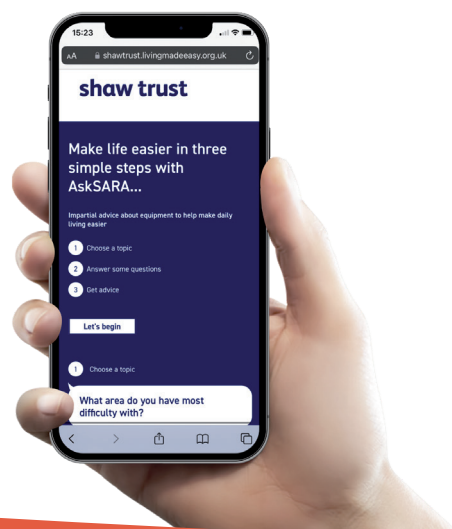
The simple to use guide only requires 3 steps:

- Choose a topic.
- Answer some questions.
- Receive a report.

The online assessment guide produces a personalised report including:

- Dynamic questions based on individual need.
- Clear, tailored advice written by Independent Occupational Therapists.
- Products and equipment tailored to needs and where to purchase them.
- Further help, local signposting and campaigns for your residents.
- Ability to download and save your individual report.

AskSARA is a unique resource allowing local people in your region the opportunity to self-assess based on their needs. Empowering them to make informed decisions when choosing equipment and assistive technology for themselves or others.



Community and social impact

Based on the number of completed reports of an average licence, AskSARA could offer potential savings of more than £190,000 annually.

- Reduces waiting lists for Occupational Therapy pathways.
- Acts as a first point of contact and triages people with low level needs.
- Enables self-help and self-purchase, with a strength-based approach.
- Reduces the risk of poor product selection.
- Each local authority can customise their version and include unlimited valuable local signposting for their residents.

AskSARA is currently licensed by local authorities and health and social care partnerships from across England, Wales, Scotland and Northern Ireland. With many more considering this as an option for their prevention strategy, helping them to meet legislation set in place by the Care Act 2014. In line with the government's prevention strategy this tool gives people access to information, advice, products and assistive technology to enable them to live independently.

For health and social care providers

With inevitable budget pressure, waiting times for assessments are often a barrier. Health and social care service providers report that when the AskSARA tool is offered as a 'front door' triage service it can help residents quickly find solutions for themselves that they are often happy to self-fund. This allows those with more complex needs to access formal assessments more quickly and efficiently. AskSARA's user analytics can also provide strategy for future service development.

Further information

To discuss how AskSARA can support your local authority and/or organisation head to our website:

<https://asksara.livingmadeeasy.org.uk/about-ask-sara>

for more information or to complete the contact form.

Alternatively, email us on: lme-enquiries@shaw-trust.org.uk

or call us on: 0300 123 3084.

Who are Living Made Easy?

Living Made Easy part of Shaw Trust offer multiple services that support organisations and individuals in a range of aspects. For more than two decades we have been providing accredited training courses to organisations across multiple sectors. To find out more about the work we do you can visit our website.

<https://livingmadeeasy.org.uk/>