



Adding life to years  
through practical advice





The DLF provides **life-changing information** and advice to over two million older and disabled people every year. Your gift to the future will help ensure that we will always be there for those who need us.





## Helping people live independently at home

---

By remembering the DLF in your will, you will be making a profoundly meaningful gift to every older or disabled person throughout the UK. You will enable us to go on providing advice and information on how to live independently, safely and with dignity at home

The DLF has been a leading health charity for over 50 years. Our expert knowledge of the practical aspects of independent living incorporates the very latest tools and technologies, and is frequently drawn upon by other charities dedicated to conditions such as multiple sclerosis or Alzheimer's.

We help not only adults and children with disabilities, but particularly older people who often simply need a little extra assistance to accomplish certain tasks. We are, furthermore, an important resource for carers and health professionals.

Our advice can restore to someone the ability to pour a kettle, take a shower, or travel to the shops. We understand that more people are afraid of losing their independence than of dying, and view a care home as a last, not first, resort.



## The will to make a difference

When making your will, your loved ones will, of course, be foremost in your mind. But after they have been provided for, your thoughts may turn to causes that you care about. We hope that one of these will be the DLF's mission to help every older or disabled person live as they would wish in their own home.

## Driving change

Founded in 1969, the DLF has pioneered a new understanding of how older and disabled people can experience multiple problems which affect their daily lives. With a focus on delivering practical advice, information and training, we have become a leader in a previously neglected field.

## Why we need your help even more in the future

The UK's population is changing fast. There are now more people over 65 than under 18, and the fastest growing age group is those aged 80 and above. This means that the demand for the DLF's services is likely to increase significantly throughout the next decade.

Falls are a particular danger for older people. Yet the majority could easily be avoided with simple home modifications or walking aids. By contacting the DLF, enquirers can be sure of receiving caring advice that is expert, impartial and tailored to their circumstances.

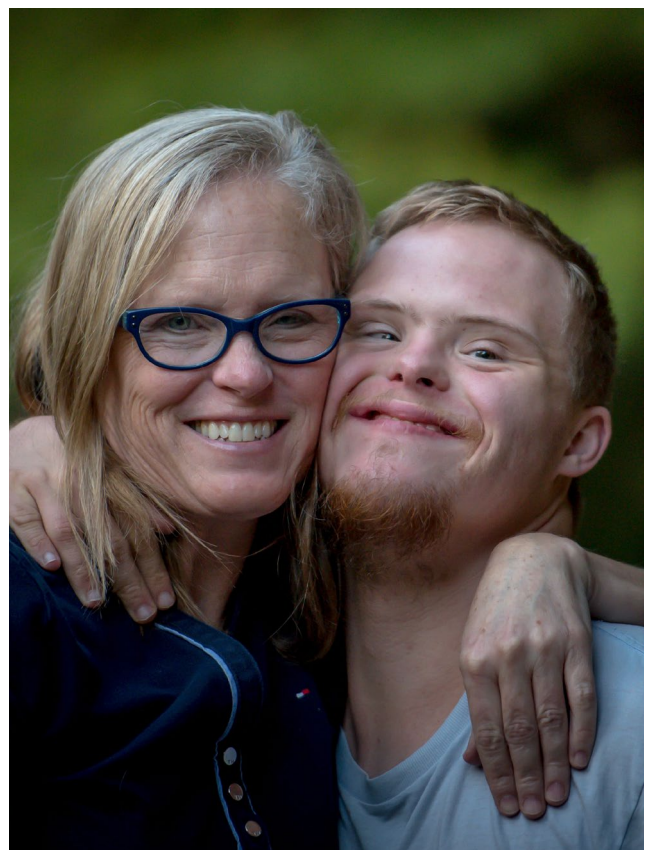
We are also helping an increasing number of families with disabled children. As many as 6% of UK children have some form of disability, and parents are frequently unaware of the practical support that may be available.

## The difference your gift will make

We need over half a million pounds every year to fund our work. None of this comes from central government, so we are dependent upon the generosity of our supporters and our commercial projects.

Gifts left in people's wills are especially important and responsible for our being able to provide a free helpline. Many people assume that such gifts must be large sums of money, but this is not the case. Gifts left to the DLF have ranged from under £100 to tens of thousands of pounds.

Your gift might be a way of making a donation that you could not ordinarily afford, or reducing inheritance tax on your estate. But for future users of our services, it will mean continued independence, quality of life and peace of mind.



## Changing lives

The DLF changes lives and the impact of even the simplest advice can be transforming.

Irene called our Helpline because she and her husband had limited mobility and could no longer use the step down from the door to their garden. It was too steep and they were afraid of falling. One of our advisors explained that an aid called a half-step could be fitted easily and cheaply.

*“The half-step has made such a difference to our lives,” said Irene. “It’s a small thing, but we can use the whole of our home freely again – and enjoy our garden! **We’re so grateful to the DLF.**”*

Thank you, on behalf of all the people we help, for making this work possible.

## Why you should make and review a will

Making a will is important because it enables you to decide how your estate will be divided and your affairs dealt with.

Without a will, the division of your estate is governed by the laws of intestacy. These take no account of personal wishes. A will is, therefore, one of the most significant documents to which you can put your name.

If you already have a will, it is advisable to review it every five years or whenever major changes occur in your life.

*“ My husband was completely disabled and in a wheelchair. The DLF’s advisors were always able to give me help and advice with all kinds of problems, and I am eternally grateful to them for their **expertise and solidarity.** ”*





“ I called the DLF’s helpline as I was finding it difficult to drive following my hip replacement. I wanted to purchase a mobility scooter to help me stay active. With the early signs of arthritis I needed one with comfortable hand grips. The DLF helped me decide which scooter was best for me and find suppliers of clothing to protect me from all weathers - information I could not get anywhere else.”





#### [DLF Helpline](#)

Open 9am to 5pm, Monday to Friday

T: 0300 999 0004

E: [info@dlf.org.uk](mailto:info@dlf.org.uk)

#### [DLF Shaw Trust](#)

Black Country House

Rounds Green Road

Oldbury

B62 2DG

0300 123 3084

[enquires@dlf.org.uk](mailto:enquires@dlf.org.uk)

[www.livingmadeeasy.org.uk/get-involved](http://www.livingmadeeasy.org.uk/get-involved)

The DLF is part of The Shaw Trust a registered charity number 287785 (England and Wales) and SC039856 (Scotland) with company number 1744121 and registered address

Black Country House, Rounds Green Road, Oldbury B69 2DG

---