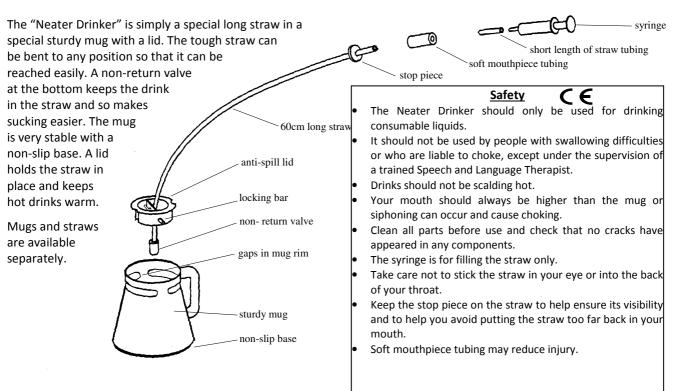
# NEATER DRINKER (ND-D) - INSTRUCTIONS



### To assemble the Neater Drinker:

- Push the straw through the hole in the lid
- Twist the lid round to release it.
- Push the non-return valve onto the bottom end of the straw (the end without the stop piece).
- (Softening the straw end by placing in warm water can help.)

### To fill the Neater Drinker:

- Twist the lid round to release it. Ensure parts are clean and free from cracks
- Do not overfill the mug.
- Ensure the straw is pulled out sufficiently to reach drink at the bottom of the mug
- Replace lid, lining up locking bar with gaps in mug rim; twist to hold securely in place.

### Position the straw near your mouth.

The straw can be bent to position - avoid putting a kink in it by bending it around a curved object (such as another mug) or running your thumb along its length while gradually bending it. Warming the straw can ease bending. Ensure that the very highest point of the straw is at the mouth end.

The straw can be cut shorter if you wish using a sharp knife - please be careful! Slide the Stop Piece down past where you want to cut the straw first. (Do not cut off the bottom end of the straw as it is specially shaped to work with the valve). <u>Remove any sharp edges</u>.

### Longer straws can also be supplied to your requirements.

### You only need to suck gently to use the Neater Drinker.

The non-return valve at the bottom of the straw prevents the drink flowing back into the mug.

If your suck is very gentle, then it will take several sucks to fill the straw. Once it is full though, every suck will give you some drink. If your suck is very weak, you could try shortening the straw and placing the mug in a higher position (though never above the level of your mouth).

### To help with the first suck - the straw can be pre-filled using a syringe.

With the plunger of the syringe pushed in, insert the syringe nozzle into the top end of the straw and gradually pull out the plunger to suck the drink up the straw.

If the straw has an additional mouth piece on the end, the extra short length of straw tubing should be fitted onto the nozzle of the syringe to ensure a good fit in the mouthpiece when filling the main straw.

## Soft plastic tubing piece can be fitted over the end of the straw as a mouthpiece.

Used by people with a strong bite or to protect gums or eyes, particularly with head tremor.

Some people prefer to use the Neater Drinker without the valve (it can be pulled off). This stops fizzy drinks rising up the straw or hot drinks becoming cold whilst in the straw for a long time.

### **Cleaning**

We recommend hand washing and use of sterilising solution. Dishwashers can be used but will reduce the life of the Neater Drinker as will all sterilising systems. If a dishwasher is used, we recommend the top shelf as this is usually less harsh.



Now Available: Neater Straw/Tube Cleaning Brush (ND-SC)