

**-BAND-IT®**

**How to use  
Band-it**



“Absolutely wonderful! I’m registered blind and if I’d had things like these 9 years ago things would have been a lot easier. The different shaped ones are brilliant, the colours are so helpful and I can see them all. You could use these on anything!” **Visually impaired person**

“Ingenious and very usable invention. I can see how valuable this product could be in the workplace and in the home as a tactile aid and also to help grip various household items.” **Ex-nurse**

# Contents

Testimonials	2
Contents	3
How to use	4
Caring for Band-its	5
Using a single band per object	6
Cleaning products	8
Shampoo, conditioner and shower gel	9
Medicine boxes	10
Makeup/Toiletries	11
Tins/Jars	12
Remote Controls	13
Notebooks	14
Colour per person	15
Dual colour uses	16
Room marker	18
Further Information	20

# How to use

1 Decide on what objects you would like to use Band-its on and buy the bands you need. (1-2 standard packs containing 25 Band-its recommended to start.)

2 You, a relative or a carer puts bands on household items. Do this one room or cupboard at a time to familiarise yourself with which colours/shapes go with which object.

3 Decide on a set place to store bands between uses. This could be on a large hook, in a jar or in a cupboard. Either have one place in each room or one place centrally.

4 Clean as necessary, particularly if used around food items.

# Caring for Band-its

Clean by washing in hot soapy water or put in the utensil section of a dishwasher.

Do not overstretch. It is recommended that you do se around objects with a circumference of 153-210mm (diameter 50-83mm for round objects). You can use it around objects smaller than 153mm by wrapping around more than once.



## **Using a single band per object**

This is the best way to start using Band-its. It involves reusing the same system of five different coloured bands in different locations around the house. You can marker up to five different objects in the same immediate location. This means you can have a jam jar labelled with the red band in the fridge to tell it apart from other fridge jars, and also use a red band on your tin of tomatoes in the kitchen cupboard. You can use red on your shampoo, and red on your TV remote, then use the other four colours on other similar objects in the same area. There are some suggested uses on the following pages. It is best to have at least 2 bands per temporary object (eg food jars) so that you can marker the replacement before the current object runs out. For permanent objects (eg remote controls) 1 set is enough.



# Cleaning products

You can use the tactile line on the centre of the Band-it to indicate the front of a spray can to easily spray in the right direction.





# Shampoo, conditioner and shower gel



# Medicine boxes

You can wrap the band around a product twice if it is too small for teh Band-it to fit around.



# Make up/Toiletries

Use on creams, sprays or any other makeup items.



# Tins/Jars



# Remote Controls



# Notebooks

Use to clearly mark your different notebooks, for example your telephone and address books.



## Colour per person

If you live in a shared house, you can each have a different colour band to identify which object is yours. Use around cups, toothpaste, bathroom products and so on.



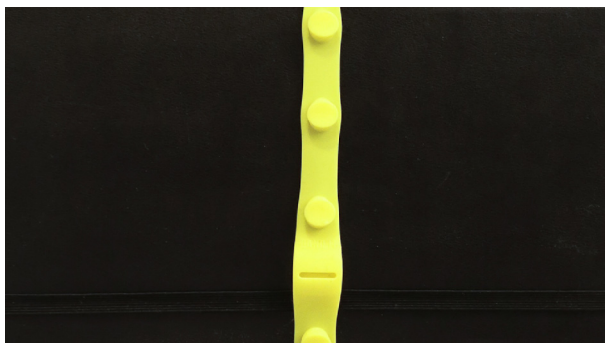
## Dual colour uses

You can use the bands with each other by stacking them together. The top band identifies the type of product and the bottom the specific object. Use the top colours as follows:

**Yellow:** the easiest colour band to see, so use on dark objects to find them.

**Orange:** hazardous objects or doors/cupboards that should not be accessed

**Blue:** identify something as medication







# Room markers

You can also link a particular colour with a certain room by attaching it to door handles. This is particularly useful if you mix up rooms with each other because they look the same.

**Orange:** Outer door

**Yellow:** Communal room

**Blue:** Bathroom

**Green:** Bedroom

**Red:** Kitchen

# Further information

Band-it Products Ltd does not accept any liability for how the product is used, or for any injuries that may occur as a result of using this product, whether directly or indirectly. It is the user's responsibility to ensure that it is used safely at all times, and Band-it Products Ltd take no responsibility if anything is falsely identified or used wrongly as a result of using this product.

Band-it Products Ltd Company Number 0959122 registered in England and Wales.