

Protac Ball Blanket

- a tranquillizing and sensory stimulation aid

Protac Ball Blanket stimulates the sensory system and, thereby, contributes to improved bodily consciousness. The Ball Blanket is designed on the basis of the American occupational therapist and psychologist A. Jean Ayres' theories of sensory integration. It works due to the weight from the loose balls pressing at certain points of the body, which stimulates both the sensation of touch and the sensing of muscles and joints. The many sensory impressions transmit inhibitory impulses to the central nervous system. This increases the sense of the body and its limits, and provides confidence and calm. The Ball Blanket therefore has a tranquillizing effect.

The Ball Blanket is produced with different ball fillings. The blanket with plastic balls provides most weight and pressure and, therefore, the strongest stimulation of the sensory system. The Ball Blanket with a mixture of plastic and polystyrene balls is a lighter blanket for those who need a slightly milder stimulation of the sensory system. The blanket with polystyrene balls only provides the lightest stimulation of the sensory system.

Calmness and security

Many people use the Ball Blanket for sleeping, and to calm down during the day. When your body is agitated, whether physically or mentally, it affects your bodily awareness, because the brain is expending energy on other things than self-awareness. Under the Ball Blanket, people find calmness and security. It helps many people to fall asleep more quickly, sleep more soundly, and thereby have more energy during the day.

Stimulation through playing

Children love to play with the Ball Blanket. They hide underneath it, or an individual child is wrapped up in the blanket. The stimulation from the balls calms down the child and enhances their attention. Better power of concentration improves the effect of motor training as well as the learning process.

The Protac Ball Blanket is used for conditions such as:

- ADHD
- Adoption
- Anorexia
- Anxiety
- Apoplexy
- Ataxia
- Autism
- Brain injury
- Cerebral palsy
- Concentration difficulties
- Deaf-blindness
- Dementia
- Depression
- Developmental disorder
- Drug and alcohol abuse
- Epilepsy
- Huntington's disease
- Hyperactivity
- Multiple Sclerosis
- Obsessive-Compulsive Disorder
- Pain
- Parkinson's disease
- Premature infants
- Psychoses
- Schizophrenia
- Sensory integration dysfunction
- Sleep disorder
- Spasticity
- Stress
- Tactile defensiveness
- Tourette's syndrome



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